

Menasha, Wisconsin 27th Annual GRUNSKI RUNSKI

A 10k & 2 mile run/walk race for the entire family!
Saturday, August 11, 2007

OFFICIAL ENTRY-also available online at <http://www.cityofmenasha-wi.gov>

I enter this event at my own risk and agree to hold the City of Menasha, all race sponsors, and all workers or volunteers associated with this event harmless for all liability, damage or personal injury I may sustain out of my participation in this event.
If applicable, as parent or guardian, I have explained to my child, to the best of my ability, the risks associated with running or walking this event, and all risks associated with participation in this event.

Name _____ Gender (M or F) _____ Age _____ (on race day)
Address _____ City _____ State _____
Zip Code _____ Telephone _____ T-shirt size: S M L XL XXL (circle one)

Signature _____ (Parent sign if under 18)
Race Results available on-line at www.cityofmenasha-wi.gov Mail me the results

EVENT: (please ✓) 10K RUN 2 MILE RUN 10K WALK* 2 MILE WALK*
* walking events are non-competitive and are not timed. Walkers may note their times by the finish line time clock.

AGE GROUPS: 2 Mile: 13 & under 14-19 20-29 30-39 40-49 50-59 60-69 70 & up Wheelchair
(please ✓) 10K: 13 & under 14-19 20-29 30-39 40-49 50-59 60-69 70 & up Wheelchair

Checks payable to: City of Menasha, 140 Main Street, Menasha, WI 54952, (920) 967-3640

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Grunski Runski Event Information Saturday, August 11, 2007

CATEGORIES: 10K Walkers 8:45 a.m.
(Male & Female for each category) Wheelchair participants 8:50 a.m.
10K Runners 8:55 a.m.
2 Mile Runners & Walkers 9:00 a.m.

AGE GROUPS: 2 Mile: (13 & under) (14-19) (20-29) (30-39) (40-49) (50-59) (60-69) (70 & up) (Wheelchair)
10K: (13 & under) (14-19) (20-29) (30-39) (40-49) (50-59) (60-69) (70 & up) (Wheelchair)

AWARDS: T-shirts to all participants. Unique prizes to the fastest male and female in each race.
10K and 2 Mile: Plaques to 1st in each division, awards to 2nd and 3rd.
Award ceremony 10:30 a.m. near the finish line.

FEES: 10K and 2 Mile - \$13 through August 6th, \$16 thereafter.
Families of 3 or more registering together can take \$1 off of each fee



REGISTRATION: Begins at 6:45 a.m. in front of the swimming pool in Jefferson Park.
To avoid waiting in line on race day, pre-registration by mail is highly recommended.

COURSE: (Separate start lines for 2 Mile and 10K events)
Both courses are certified by United States Track and Field. 10K # is WI-02107-JW and
2 Mile # is WI-02106-JW. Event starts 1 block west of the pool. Time splits read at mile 1, 3, 5.
Three water stations on the 10k course and one on the 2 mile. Approximately 450 participants each year.

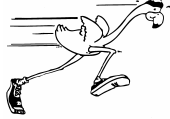
MISCELLANEOUS: Computerized race timing provided by Elvish Consulting.
Dressing and showers facility available.
Refreshments, fruit, fresh breads and cookies at the finish.
Wheelchairs will be escorted by motorcycles.

RESULTS: Posted on the city's website at www.cityofmenasha.wi.us

Early Race Number & T-shirt

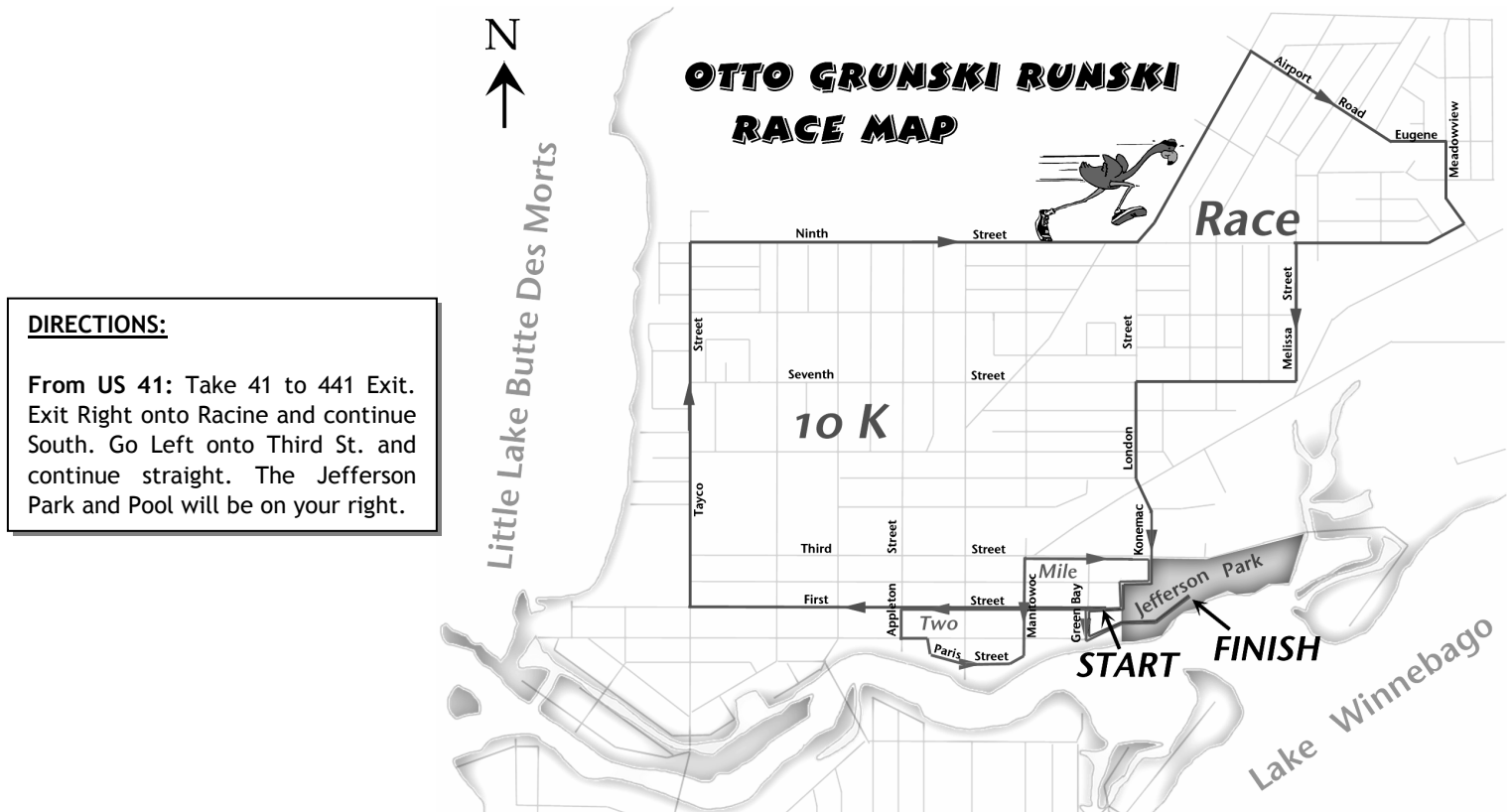
Thurs. August 9th 11:00 a.m. – 4:00 p.m.
Friday August 10th 8:00 a.m. – 4:00 p.m.
MPRD office
1st Floor, City Hall
140 Main Street

City of Menasha
Parks & Recreation Dept.
140 Main St
Menasha, WI 54952 -3190



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PERMIT 39
Menasha WI

OTTO GRUNSKI RACE MAP



VISIT MENASHA'S Other Attractions

Including - Friendship Trail – Fox Cities Trestle – Heckrodt Wetland Reserve
and Downtown Area Featuring a Marina, Restaurants and Unique Shops